



2025 ANNUAL REPORT

SAVE the
M&THERS.org

ABOUT US

Our Mission

To train local leaders in the developing world to reduce maternal mortality within their own countries.

Our Vision

That no mother or child should die, or be harmed from preventable causes related to pregnancy and childbirth.

We Believe

That universal access to quality maternal care in pregnancy and childbirth is a basic human right.

We Work

In partnership with other like-minded groups and individuals.



MESSAGE FROM THE CHAIR

Dear Friends of Save the Mothers,

As we mark the close of our 20th Anniversary year, we thank you for making our life-saving work in East Africa possible. Your generosity is the reason mothers live, families thrive, and communities grow stronger.

This year, we celebrated this important milestone with our Anniversary Gala in Canada and an Alumni Conference in Uganda. Through these events, we honoured over 500 graduates of our Master of Public Health Leadership Program who are actively engaged in their local communities, advocating for safe motherhood. We also recognized 15 Mother-Baby Friendly Hospitals where your investment provided life-saving equipment and enabled healthcare teams to implement safe motherhood initiatives through specialized training.

As we meet with women and girls in East Africa who have lost their babies, mothers, sisters, aunts or friends, our hearts break as we hear their stories, and we grieve alongside them. Because of your commitment to Save the Mothers, we also have the privilege of hearing inspiring stories of hope—stories of mothers and babies whose lives have been saved through Save the Mothers programs and the community initiatives led by our graduates.

At a time of economic uncertainty for many Canadians, your generous support allows us not only to sustain our programs but also to expand them. Because of your partnership, we are able to implement meaningful, sustainable change and reach even more mothers and babies in need.

As you review our Annual Report, we trust you will be inspired by the impact of your support and encouraged to continue standing with these brave women. Together, we can continue advancing our mission and ensuring that more mothers and babies have the opportunity to survive and thrive.

Thank you for being a vital part of the Save the Mothers family and for helping to create a brighter future for generations to come.

“Above all, clothe yourselves with love, which binds us all together in perfect harmony.” Colossians 3:14

With love & gratitude,



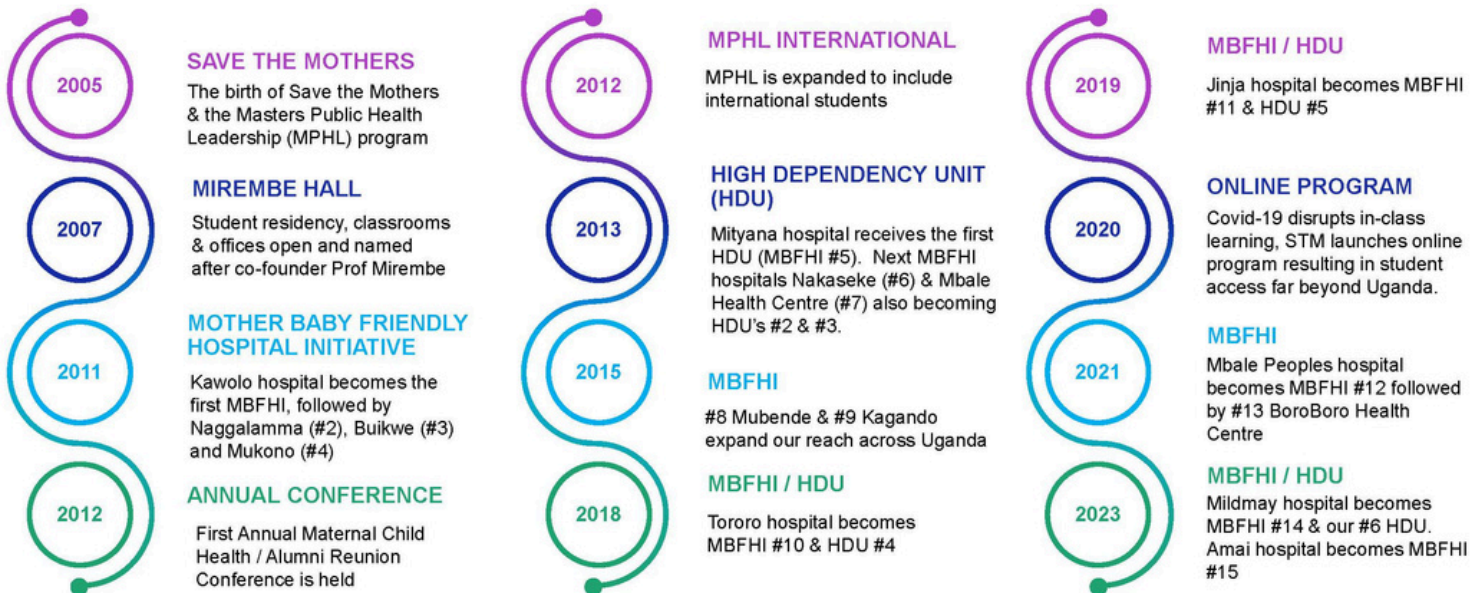
Heather Sinclair
Chairperson, Board of Directors



Celebrating our 20th Anniversary



THROUGH THE YEARS



500+ graduates...

**working in 49 of 135 districts in Uganda and
a total of 12 countries in Africa.**

**Working within hospitals, universities, NGO's
and parliamentary offices to impact lasting change.**

Our work is far reaching.

15 Mother Baby Friendly Hospitals...

with plans to add two new hospitals in 2026/2027.



When you have two of the best OBGYN's on site you call on their expertise to help out. Dr. Jean Chamberlain Froese (Co-Founder) & Dr. Nsubuga Mushin (Executive Director, Save the Mothers East Africa) are attending to a baby in the NICU.

STM Strategic Pillars

Training and Research

Deliver quality health training to reduce maternal mortality

Support postgraduate training

Community

Improve health faculty – community linkages

Promote quality maternal and neonatal care

Sustainability

Fundraising

Governance

Marketing

Alumni

Strengthen alumni network

Challenges and Mitigation

Throughout 2024-2025, Save the Mothers (STM) navigated a range of programmatic, operational and financial challenges while sustaining its impact on maternal and child health.

Programmatic Challenges:

MPHL students faced delays in graduating due to slow completion of their research projects. This was addressed through strengthened follow-up care and tailored student support initiatives

Operational Challenges:

Expanding alumni engagement across multiple districts and sectors required ongoing coordination and communication. STM strengthened its network, leveraging digital platforms, more field visits, and conferences to maintain active participation and collaboration.

Cross-sector coordination with government, faith-based organizations, and NGO's demands continuous alignment of priorities and monitoring to ensure consistent impact.

Financial Challenges:

Sustaining funding for new projects, infrastructure upgrades, and program expansion relied on contributions that fluctuated. STM mitigated this through diversified funding streams, strategic proposals, and strong donor partnerships.

STM invites partners to join in advancing solutions to these challenges to enhance safe motherhood outcomes through multidisciplinary approaches.



“Where you live should not determine whether you survive or not. Who you are should not determine the value of your life. How much money you have should not determine the quality of health care you can access.”

PROGRAM UPDATE



MASTERS OF PUBLIC HEALTH LEADERSHIP PROGRAM

The Save the Mothers "Master in Public Health Leadership" program continues to be an outstanding and inspiring model for systemic change. Students from all around Africa choose to enroll in this program because of the quality of education and the success rate of our graduates.

Our graduates are paving the way forward. By implementing their research projects, they are becoming change agents in their communities, initiating lifesaving maternal health methods and tools to prevent mothers and babies from dying during pregnancy or childbirth.

22 students
graduated
in 2025

28 students
waiting to
graduate

ALUMNI SUCCESS UPDATES

Distribution of MPHL alumni 2005 to 2022 per country

425 1 6 5 2 12 35 3



Working within hospitals, universities, NGO's and parliamentary offices to impact lasting change. Our work is far reaching.

MPHL Update

Student Recruitment

The team in East Africa held 4 information sessions this year and were able to recruit 54 students in our MPHL program.

We saw 22 students graduate which is a significant number as we clear the backlog of students who needed a little encouragement and support to complete their research projects.



Publications

In partnership with the Meros Centre, we supported six MPHL alumni to develop research manuscripts. This resulted in four manuscripts being accepted for publication in the Christian Journal of Global Health.



Scholarships

Two students were awarded scholarships to support their completion of the MPHL program.



MPHL CONFERENCE

April 2025 we celebrated our 20th Anniversary with the Annual Maternal & Newborn Health Conference at Uganda Christian University. The theme was “The Impact of Multidisciplinary Professionals in Strengthening Community Engagements for Safe Motherhood.”

The event brought 170+ from seven countries strengthening partner engagement and collaboration with representation from the government, religious institutions and civil society.



Oral presenters



Archbishop Stephen Kaziimba Mugalu made a spiritual call to action for safe motherhood.

Save the Mothers

Mother Baby Friendly Hospitals



Kawolo Hospital

Naggalama Hospital

Buikwe Hospital

Mukono Health Centre

Mityana General Hospital

Nakaseke Hospital

Mbale Regional Referral Hospital

Mubende Regional Referral Hospital

Kagando Hospital

Tororo General Hospital

Jinja Regional Referral Hospital

Mbale Peoples Hospital

BoroBoro Health Centre

Mildmay Hospital

Amai Hospital



MOTHER BABY FRIENDLY HOSPITAL INITIATIVE



Tororo HDU upgrade: Funded by the LCR MED fund.

The one bed HDU was caring for 20 mothers per month who were admitted with obstetric life-threatening complications. The beds and wash basins were in horrible condition and nurses were missing key tools to succeed in their role.



The new expanded HDU has three beds and all the accessories to monitor and care for these mothers.



NASG suits update.... more needed and varied sizes.

Kawolo Hospital - received 5 suits and report saving 7-10 mothers every month. Alunga says “before we received NASG suits we had many maternal deaths due to post-partum hemorrhage(PPH). It was tragic and left us feeling helpless”. (Midwife Alunga)



Buvuma Health Centre IV - This centre is the only care for the residents of the 52 scattered islands on Lake Victoria. “In this setting, the suits have become nothing short of miraculous” (Midwife Rose). “If anyone tried to take them away, I would fight them. We can’t imagine working without them.” Buvuma have seen no maternal deaths from excessive bleeding since receiving the suits.



Fazira - “On arrival, I was very weak and could hardly walk. The health workers examined me to attend to the problem. I regained full consciousness and realized they had wrapped me in the anti-shock garment. I immediately began to feel better.”





NICU expansion at Amai Hospital



With support from the LCR MED Fund & from the Harrison-Cooper Foundation, we provided for the building expansion and equipment to increase the size of the NICU and provide more urgent care at Amai Hospital in the north east of Uganda.

The upgraded facility which can accommodate up to 10 newborns has three incubators, two phototherapy machines, one radiant warmer, two oxygen concentrators, and five oxygen cylinders. Designed to provide high-quality, family-centred neonatal care, the NICU prioritizes dignity, respect, and privacy for mothers and newborns.

NICU admissions have gone from 165 in 2022 to 367 in 2025. The needs are great and with the success of the expansion, the word of the great care available at Amai Hospital is spreading - saving more moms and babies!



NICU before expansion



Happy recipient of life-saving care



NICU after expansion

Fund/Project Supporters

**Leila C. Reader (LCR MED) Fund ~ supports
Emergency Care & Mother Baby Friendly
Hospitals**

**Kelton Scholarship Fund ~ supports
Annual Scholarship**

**Dr. Beth Veale Scholarship Fund ~ supports
Annual Scholarships**

**Sisters of St. Joseph ~ supports
Skilling Girls program**

**Harrison-Cooper Foundation ~ supports
Mother Baby Friendly Hospital equipment
needs**



Emergency & Development Care Leila C. Reader (LCR MED) Fund

Under the Leila C. Reader Fund, Save the Mothers received funds for the Amai Community Hospital NICU expansion and the Tororo Hospital HDU upgrade.



Skills Training Sisters of St. Joseph

Empowering teenage mothers by providing them with skills training to enhance their self-reliance, improve their economic prospects and support their well-being and that of their children.



Annual Scholarship Kelton Fund

Each year a student is chosen by Save the Mothers East Africa to be the recipient of the Kelton Fund scholarship program.

Annual Scholarship Dr. Beth Veale Fund

Each year two students are chosen by Save the Mothers East Africa to be the recipients of the Dr. Beth Veale Fund scholarship program.



Hospital Equipment Needs Harrison Cooper

To purchase the equipment needed for the expanded delivery suite at Mukono Hospital.

STATEMENT OF OPERATIONS

SAVE THE MOTHERS STATEMENT OF OPERATIONS For the year ended June 30,		Statement 2	
	2025	2024	
REVENUE			
Individual and corporate donations	\$ 321,317	\$ 309,902	
Estate Gifts	139,857	-	
Institutional contributions	80,678	25,858	
Donations-in-Kind (Note 8)	12,782	15,372	
Capital Gain	10,767	-	
Scholarship Income	2,800	-	
	<u>568,201</u>	<u>351,132</u>	
EXPENDITURES (Note 7)			
Program expenditures			
Mother Friendly Hospital	119,634	96,668	
Masters program	113,667	76,917	
	<u>233,301</u>	<u>173,585</u>	
Support services			
Promotion	113,171	116,568	
Administration	104,823	95,547	
	<u>217,994</u>	<u>212,115</u>	
	<u>451,295</u>	<u>385,700</u>	
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENDITURES BEFORE OTHER INCOME	116,906	(34,568)	
OTHER INCOME			
Interest Income	2,322	3,399	
Book and product sales	172	150	
	<u>2,494</u>	<u>3,549</u>	
EXCESS (DEFICIENCY) OF REVENUE OVER EXPENDITURES	\$ 119,400	\$ (31,019)	



All women need access to high quality care in pregnancy, and during and after childbirth. Maternal health and newborn health are closely linked. It is particularly important that all births are attended by skilled health professionals, as timely management and treatment can make the difference between life and death for the women as well as for the newborns.

[WHO.int/news-room/fact-sheets](https://www.who.int/news-room/fact-sheets)

FINANCIAL POSITION

SAVE THE MOTHERS		Statement 1	
STATEMENT OF FINANCIAL POSITION			
As at June 30,		2025	2024
ASSETS			
CURRENT			
Cash	\$ 229,711	\$ 151,928	
Prepaid - Vehicle Purchase (Note 4)	34,289	-	
Prepaid expenses	5,637	5,360	
Due from Related Party (Note 11)	16,882	-	
Accounts receivable	8,400	8,749	
Inventory	4,755	7,811	
	<u>299,674</u>	<u>173,848</u>	
Restricted cash and short-term investments - endowment (Note 9)	21,304	21,304	
Equipment (Note 5)	<u>1,494</u>	<u>2,621</u>	
	<u>\$ 322,472</u>	<u>\$ 197,773</u>	
LIABILITIES			
CURRENT			
Accounts payable and accrued liabilities	27,486	31,793	
Deferred contributions (Note 6)	<u>79,971</u>	<u>70,365</u>	
	<u>107,457</u>	<u>102,158</u>	
NET ASSETS			
Unrestricted	192,217	71,690	
Invested in equipment	1,494	2,621	
Restricted for endowment purposes	<u>21,304</u>	<u>21,304</u>	
	<u>\$ 322,472</u>	<u>\$ 197,773</u>	



FINANCIAL OVERVIEW

Dear Friends,

This year we saw a modest uptake on donations, and we are so thankful to you our donors for helping us to provide more resources to our team in East Africa to carry out our mission (see page 2). We continue to receive more demands for our proven methods – the word is spreading through the communities that great care and life-saving measures can be found at our Mother Baby Friendly hospitals (MBFHI). Our alumni network is looking for post-graduate support, to ensure their research projects and maternal health care education spreads even farther.

We were blessed to have received a few legacy gifts, which can never be planned for. These meaningful gifts left behind by our donors leave a lasting impression of their caring for others and wanting to make a lasting change. *Have you considered leaving a legacy gift?* Your belief that no mother or child should die from preventable causes related to pregnancy and childbirth can live on.

Meeting the Challenge

Our Master of Public Health Leadership (MPHL) program continues online reaching beyond the borders of Uganda (see the location map on page 7). Enrolment in the MPHL program has seen a significant upswing and the effort to connect one-on-one with delayed students who require support to complete their program is showing positive results. Our scholarship committee continues to review applications and provide funds to the students struggling to meet tuition fees to graduate.

We continue to monitor our fundraising methods to keep our donors informed and engaged with a focus on reporting back on our projects, successes and challenges.

Working to increase our revenue, reach new donors and reduce our costs is always top of mind.

Ongoing Needs

Our partnership with Uganda Christian University continues to produce Masters of Public Health Leadership students. Our scholarship fund is key to assisting students struggling with financial needs.

Our MBFHI is actively equipping hospital NICU's and delivery rooms to ensure the mothers in distress are given every chance to survive.

Thank you for your ongoing support of Save the Mothers as together we save as many mothers and babies as possible from death from preventable causes.

A monthly gift is the most efficient way to support the work of a charity since it requires far less administration so your gift will have the maximum impact.



Simon Lee

Treasurer, Board of Directors



Ways to Give:

1. Online: www.savethemothers.org/donate
2. e-transfer: donor@savethemothers.org
3. Call: (905) 928-7283
4. Mail Cheque to:

SAVE THE MOTHERS
27 Legend Ct.
P.O. Box 10126
Ancaster, ON L9K 1P3

Gifting a security (stocks, bonds, mutual funds, ETFs) supplies funding to save the lives of mothers and babies, and at the same time provides the dual benefit to the donor of a charitable donation receipt and freedom from tax on any capital gains from the security.

Security donations can be made through:
www.linkcharity.ca



We all want to know our life has made a difference. Planned giving allows you to leave a legacy that reflects your faith and values.

BOARD OF DIRECTORS

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Board Chair

Mary Harvey

Ex-Officio Chair

Simon Lee

Treasurer

Board Members

Darryl Chapman

Cathy Ito

Katherine Johnson

Michelle Reesor

Angela Rooke

David Smith

David Weind

Save the Mothers

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(905) 928-SAVE (7283)

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This annual financial report presents highlights of our work for the 2024/2025 fiscal year. It offers summary financial statements. For a complete copy of Save the Mothers audited financial statements email: info@savethemothers.org

**Save the Mothers is a registered
Canadian Charity #82876 7335 RR0001**

OUR MISSION:

To train local leaders
in the developing
world to reduce
maternal mortality
within their own
communities.

