

2024 ANNUAL REPORT



On the cover are students from Triple P Primary School which was founded by MPHL graduate, Plan Virginia.

The pupils present safe motherhood messages through songs and drama.



To view the video from the cover photo youtube: MOTHERS DIE SONG BY TRIPLE P PRIMARY SCHOOL

ABOUT US

Our Mission

To train local leaders in the developing world to reduce maternal mortality within their own countries.

Our Vision

That no mother or child should die from preventable causes related to pregnancy and childbirth.

We Believe

That universal access to quality maternal care in pregnancy and childbirth is a basic human right.

We Work

In partnership with other like-minded groups and individuals.



MESSAGE FROM THE CHAIR

Dear Friends and Supporters of Save the Mothers,

Another year has passed in the life of Save the Mothers (STM). I feel so very blessed to be part of a movement that continues to change the lives of mothers and their newborns across East Africa and beyond. There have been 500+ students that have gone through the Master of Public Health Leadership program to date. These graduates are having significant impact in their communities and countries in reducing maternal deaths.

There has been a decline in the maternal death rate globally by 34% but East Africa still has a higher rate than the global average.

THERE IS MUCH MORE FOR US TO DO.

Under the leadership of our new East African Director Dr. Mushin, the East African staff work to train and equip students to find ways in their professions to meet the vision of STM...

That no mother or child should die from preventable causes related to pregnancy and childbirth.

In 2005, at the invitation of Dr. Jean Chamberlain, I joined the Board of Directors when Save the Mothers was just putting feet to the ground in Uganda. And after serving almost 20 years I will be stepping down as Chair and passing on this role to the very capable hands of Heather Sinclair, who joined the Board in 2017.

As I reflect over my tenure with STM, I am filled with gratitude and humbled by all those who have contributed to saving these precious lives, mothers and babies who most of us will never know. None of this would be possible without you!

Charitable gifts however continue to decline in Canada, with fewer donors. Will you join me in continuing your support?

Sincerely,

Mary Harvey

Chairperson, Board of Directors



Your support is more urgent than ever before.

Decades of progress are at risk and major donors are reporting they plan significant cuts to donations.

*Charitable donations in Canada have declined for the twelfth year in a row. Canadian donors are fewer, giving less.

USAID has cut back drastically around the world.
Students are now left lagging, and
fewer health workers & supplies leave many
programs struggling.

*pmch.who.int/news-and-events

GIVE BECAUSE YOU CARE

www.savethemothers.org/donate
etransfer: donor@savethemothers.org
or cheques made to
Save the Mothers
27 Legend Ct., P.O.Box 10126
Ancaster, ON

L9K 1P3





MASTERS OF PUBLIC HEALTH LEADERSHIP PROGRAM

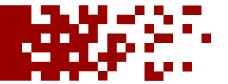
The Save the Mothers "Master in Public Health Leadership" continues to be an outstanding and inspiring model for systemic change. Students from all around Africa choose to enroll in this program, because of the quality of education and the success rate of our graduates.

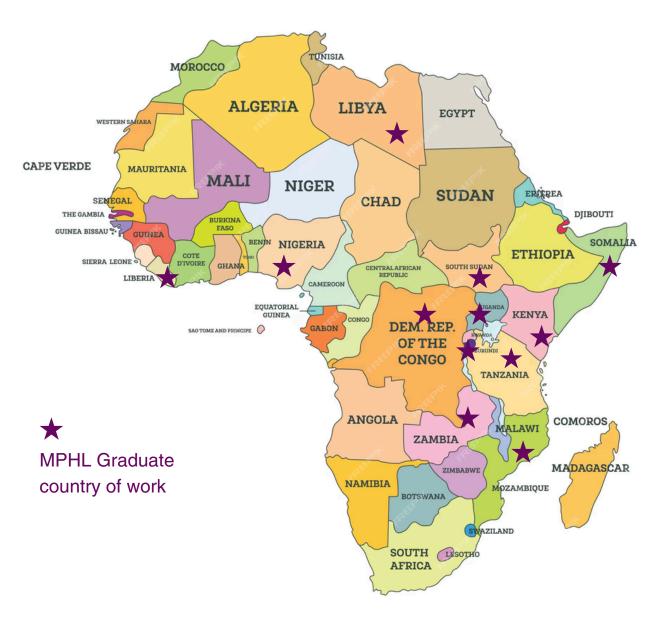
Our graduates are paving the way forward. With their research projects they are becoming change agents in their communities, initiating lifesaving maternal health methods and tools to prevent mothers and babies from dying during pregnancy or childbirth.

6 students graduated in 2024

15 students waiting to graduate

ALUMNI SUCCESS UPDATES





Graduates who work outside of Africa are located in Canada, USA, and the Netherlands.

500+ graduates (2005 to 2024) working in 49 of 135 districts in Uganda and a total of 12 countries in Africa.

Working within hospitals, universities, NGO's and parliamentary offices to impact lasting change. Our work is far reaching.

MPHL Game Changer Martha Ajilong



"Save the Mothers MPHL Program birthed my passion for safe motherhood."

Martha heads up the Uganda Blood Transfusion Services (UBTS) Teso region, eastern Uganda and based at Soroti Regional Referral Hospital.

When Martha joined the MPHL program, her goal was to be able to apply for better roles. However, doing the MPHL gave her a passion to continue her work as a blood recruiter as UBTS. She resolved to revisit her work at UBTS to go beyond their mandate.

Martha and her team, alongside key stakeholders set up strategies to address the blood challenges.

- 1. Blood follows the mother, and not the mother follows the blood
- 2. Transporting blood to hospitals in location of need
- 3. Timely communication
- 4. Identifying & isolating emergency cases that need blood
- 5. Linking facilities, for ease of sharing resources

MPHL CONFERENCE



Getting a mother to survive takes a team, a village, and collaboration and that's the strength of the MPHL program that targets multi-disciplinary professionals.

The annual event brings 150+ delegates together to celebrate and share their ideas and accomplishments. This encouragement leads to improved systems and a wider reach throughout the country as we aim to save more mothers



Oral presenters



Announcements



We started plans to celebrate our 20th Anniversary with a Gala in May of 2025.

SAVE the MOTHERS.org

THROUGH THE YEARS



SAVE THE MOTHERS

The birth of Save the Mothers & the Masters Public Health Leadership (MPHL) program



MIREMBE HALL

Student residency, classrooms & offices open and named after co-founder Prof Mirembe



MOTHER BABY FRIENDLY HOSPITAL INITIATIVE

Kawolo hospital becomes the first MBFHI, followed by Naggalamma (#2), Buikwe (#3) and Mukono (#4)



ANNUAL CONFERENCE

First Annual Maternal Child Health / Alumni Reunion Conference is held



MPHL INTERNATIONAL

MPHL is expanded to include international students



HIGH DEPENDENCY UNIT (HDU)

Mityana hospital receives the first HDU (MBFHI #5). Next MBFHI hospitals Nakaseke (#6) & Mbale Health Centre (#7) also becoming HDU's #2 & #3.



MBFHI

#8 Mubende & #9 Kagando expand our reach across Uganda



MBFHI / HDU

Tororo hospital becomes MBFHI #10 & HDU #4



MBFHI / HDU

Jinja hospital becomes MBFHI #11 & HDU #5



ONLINE PROGRAM

Covid-19 disrupts in-class learning, STM launches online program resulting in student access far beyond Uganda.



MBFHI

Mbale Peoples hospital becomes MBFHI #12 followed by #13 BoroBoro Health Centre



MBFHI / HDU

Mildmay hospital becomes MBFHI #14 & our #6 HDU. Amai hospital becomes MBFHI #15

In Memory



Gerald Chamberlain (May 12, 2024)

We were saddened by the passing of Gerald Chamberlain, the father of Dr. Jean Chamberlain Froese. Gerald had a passion for missions, especially supporting Save the Mothers and their efforts to save the lives of mothers and babies in Uganda. His support and beliefs have always been a driving force behind Dr. Jean's work.

Save the Mothers Mother Baby Friendly Hospitals



Kawolo Hospital

Naggalama Hospital

Buikwe Hospital

Mukono Health Centre

Mityana General Hospital

Nakaseke Hospital

Mbale Regional Referral Hospital

Mubende Regional Referral Hospital

Kagando Hospital

Tororo General Hospital

Jinja Regional Referral Hospital

Mbale Peoples Hospital

BoroBoro Health Centre

Mildmay Hospital

Amai Hospital





MOTHER BABY FRIENDLY HOSPITAL INITIATIVE







Midwives from the hospitals attending training at Mirembe Hall

Post-partum hemorrhage (PPH) - or severe bleeding after childbirth - is the largest direct cause of maternal mortality worldwide.

The Non-pneumatic Anti-Shock Garment (NASG) is a low-cost first-aid device that limits persistent Post-Partum Haemorrhage. It's a compression suit sustainably designed with technology from the United States National Aeronautics and Space Administration (NASA). At NASA, anti-gravity uniforms were developed to keep astronauts from blacking out during extreme acceleration by squeezing the arms and legs to push blood toward the head. This same technology was used to develop NASG where external pressure is applied to a woman's lower body to drive blood upward.

NASG is lightweight, washable and reusable, with eight segments to wrap over the legs and abdominal region. It reduces blood flow to the uterus and treats hypovolemic shock while allowing health staff to repair sites where bleeding occurred.

Save The Mothers, through the Jeffs family, has successfully procured and delivered NASG to the following hospitals and health facilities:

- 1. Mukono General Hospital (5 NASG suits)
- 2. Mukono Mission Hospital (5 NASG suits)
- 3.St Francis Hospital, Naggalama (5 NASG suits)
- 4.St Francis Hospital, Nyenga (5 NASG suits)
- 5.Kawolo General Hospital (5 NASG suits)
- 6. Buvuma Health Centre IV (2 NASG suits)





NICU Support for Amai Hospital



With support from the Harrison Cooper Foundation we were able to prioritize the lifesaving equipment needed for the NICU at Amai Hospital in the north of Uganda.

We purchased the following:

- 10 Delivery sets
- 1 Infant warmer
- 1 Phototherapy machine
- 1 Oxygen concentrator
- 2 Oxygen cylinders
- 1 Incubator

The hospital serves a large community with a population of approximately 500,000 people from five surrounding districts. A doctor commented on how crucial this equipment has been in saving the lives of babies. Small tools can sometimes mean the difference between life and death.









Emergency & Development Care - Leila C. Reader Fund

Under the Leila C. Reader Fund, Save the Mothers received funds for the Amai Community Hospital in the north of Uganda.

The Leila C Reader Fund provided the much needed NICU equipment.



Annual Scholarship - Kelton Fund

Each year a student is chosen by Save the Mothers East Africa to be the recipient of the Kelton Fund scholarship program.



Annual Scholarship - Dr. Beth Veale Fund

Each year two students are chosen by Save the Mothers East Africa to be the recipient of the Dr. Beth Veale Fund scholarship program.



Skills Training - Sisters of St. Joseph

Empowering teenage mothers by providing them with skills training to enhance their self-reliance, improve their economic prospects and support their well-being and that of their children.



Hospital Equipment Needs - Harrison Cooper

To purchase the equipment needed for the NICU at Amai Hospital in rural north Uganda to prevent infant and maternal mortality.

STATEMENT OF OPERATIONS

SAVE THE MOTHERS STATEMENT OF FINANCIAL POSITION		
As at June 30,	2024	2023
ACCETC		
ASSETS		
Current Cash Accounts receivable Inventory Prepaid expenses	\$ 151,928 8,749 7,811 5,360 173,848	\$ 146,235 5,583 7,490 4,857
Restricted cash and short-term investments - endowment (Note 7) Equipment (Note 4)	21,304 2,621 \$ 197,773	21,304 1,852 \$ 187,321
LIABILITIES Current Accounts payable and accrued liabilities Deferred contributions (Note 5)	$ \begin{array}{r} 31,793 \\ \hline 70,365 \\ \hline 102,158 \end{array} $	\$ 27,474 33,213 60,687
NET ASSETS Unrestricted Invested in equipment Restricted for endowment purposes	71,690 2,621 21,304 95,615 \$ 197,773	103,478 1,852 21,304 126,634 \$ 187,321



FINANCIAL POSITION

SAVE THE MOTHERS STATEMENT OF OPERATIONS For the year ended June 30,	2024	2023
REVENUE Individual and corporate donations Institutional contributions Interest income Book and product sales	\$ 325,274 25,858 3,399 150 354,681	\$ 247,523 24,820 3,324 368 276,035
EXPENDITURES (Note 6) Program expenditures Mother Friendly Hospital Masters program	96,668 76,917 173,585	86,552 56,113 142,665
Support services Promotion Administration	116,568 95,547 212,115	88,551 89,836 178,387
(Deficiency) of revenue over expenditures	<u>385,700</u> <u>\$ (31,019)</u>	321,052 \$ (45,017)



FINANCIAL OVERVIEW

Dear Friends,

Another tough year for donations has impacted our work to ensure that no mother dies from preventable causes. The needs of the mothers and babies Save the Mothers serves are greater than ever. With great success, **comes more demand**. Moms are sharing their life-saving stories and encouraging others to use our Mother Baby Friendly Hospital Initiative (MBFHI) for their care.

Meeting the Challenge

We continue to pivot our fundraising methods towards to mail, email and social media communications to meet our needs. Our Master of Public Health Leadership (MPHL) program continues online reaching beyond the borders of Uganda. Enrolment in the MPHL program has been our focus and we are seeing a significant increase. Our scholarship committee reviews applications and provides funds to the students struggling to meet tuition fees.

Working to increase our revenue and reduce our costs is on-going.

Ongoing Needs

Our partnership with Uganda Christian University continues to produce Masters of Public Health students. Our scholarship fund is key to assisting students struggling with financial needs.

Our MBFHI is actively equipping hospital NICU's and delivery rooms to ensure the mothers in distress are given every chance to survive.

A monthly gift is the most efficient way to support the work of a charity since it requires far less administration so your gift will have the maximum impact.



(For ways to donate see page 18).

Thank you for your ongoing support of Save the Mothers as together we save as many mothers and babies as possible from death from preventable causes.

Simon Lee

Treasurer, Board of Directors

Simon fee



Moms & Babies in East Africa need YOUR help.

Every Gift is Meaningful Please Donate Today

Ways to Give:

1. Online: www.savethemothers.org/donate

2.e-transfer: donor@savethemothers.org

3. Call: (905) 928-7283

4. Mail Cheque to:

SAVE THE MOTHERS
27 Legend Ct.
P.O. Box 10126
Ancaster, ON - L9K 1P3

Gifting a security (stocks, bonds, mutual funds, ETFs) supplies funding to save the lives of mothers and babies, and at the same time provides the dual benefit to the donor of a charitable donation receipt and freedom from tax on any capital gains from the security.



Security donations can be made through: www.linkcharity.ca



We all want to know our life has made a difference.

Planned giving allows you to leave a legacy that reflects your faith and values.

BOARD OF DIRECTORS

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Save the Mothers 27 Legend Crt. P.O. Box 10126 Ancaster, ON L9K 1P3 info@savethemothers.org (905) 928-SAVE (7283) www.savethemothers.org



This annual financial report presents highlights of our work for the 2023/2024 fiscal year. It offers summary financial statements. For a complete copy of Save the Mothers audited financial statements email: info@savethemothers.org

Save the Mothers is a registered Canadian Charity #82876 7335 RR0001



WE BELIEVE:

That universal access to quality maternal care in pregnancy & childbirth is a basic human right