

# *More Mountains to Climb*



**2023 ANNUAL  
REPORT**

**SAVE the  
MOTHERS.org**

# ABOUT US

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## **Our Mission**

To train local leaders in the developing world to reduce maternal mortality within their own countries.

## **Our Vision**

That no mother or child should die from preventable causes related to pregnancy and childbirth.

## **We Believe**

That universal access to quality maternal care in pregnancy and childbirth is a basic human right.

## **We Work**

In partnership with other like-minded groups and individuals.



# MESSAGE FROM THE CHAIR

**Dear Friends and Supporters of Save the Mothers,**

Next year will mark 20 years from the time Save the Mothers (STM) began its work in Uganda. Since the beginning of the STM Program in 2005 the death rate among pregnant mothers and their babies has continued to fall, and we are so grateful to all who have made this possible. But TODAY in Uganda 16 pregnant mothers will die in childbirth leaving an average of 4-5 children without their mom.

**Yes we have come a long way in 19 years since the STM Program was birthed, but there are still so many more mountains to climb.**

Save the Mothers has a very unique approach, emphasizing the training of multi-disciplinary individuals in maternal health. Public Health workers can only prevent 10% of maternal deaths. Non-medical people contribute to the rest of the 90%, making sure that mothers do not die. The Masters of Public Health Leadership in Maternal Health (MPHL) has grown, with over 600 students who have gone through the program. In 2016, Uganda reported 336 deaths per 100,000 live births and now it is at 189. The Mother Baby Friendly Hospital Initiative (MBFHI) in 15 hospitals in Uganda is also contributing to fewer deaths.

**But we could not have accomplished this without your support.**

We have experienced many highs and lows in the Save the Mothers journey. **This year is no exception.** We continue to be so grateful for every gift no matter the size. As we observe and experience the financial climate shifting, we know that many of these gifts come with a lot of sacrifice.

**Will you continue to support the work of Save the Mothers and climb the mountains that still loom in front of us?**

In closing, on behalf of Save the Mothers I would like to express my appreciation to all who continue to make life possible for so many mothers and their unborn babies.

Sincerely,

  
**Mary Harvey**

Chairperson, Save the Mothers







***Your support is more urgent than ever before.***

\*Charitable donations in Canada have declined  
for the eleventh year in a row.  
Less than 18% of Canadians are  
making charitable donations.

Beginning with the isolation and seclusion  
of COVID, Canadians are increasingly disconnected  
and have shrinking social networks.  
This feeling, in turn, correlates with lower rates  
of charitable giving.

\*The Giving Report 2024 (Canada Helps/EnviroNics)

**GIVE BECAUSE YOU CARE**

**[www.savethemothers.org/donate](http://www.savethemothers.org/donate)**

**or cheques made to  
Save the Mothers  
27 Legend Ct.  
P.O.Box 10126  
Ancaster, ON  
L9K 1P3**







## PROGRAM UPDATE

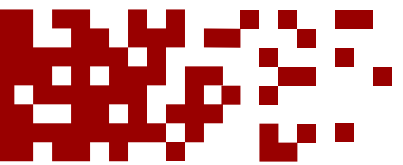
### MASTERS OF PUBLIC HEALTH LEADERSHIP PROGRAM

The Save the Mothers "Masters in Public Health Leadership" continues to be an outstanding and inspiring model for systemic change. Students from all around Africa choose to enrol in this program, because of the quality of education and the success rate of our graduates. We have a much larger reach now that our program is online, reaching beyond the borders of Uganda.

Enrolment was down this year again as the recovery from the pandemic is slow and students still struggle to pay school fees. **They are very interested but need financial support to take their training to their communities to save lives.**

6 students  
graduated  
in 2023

18 students  
waiting to  
graduate



## Saida Mukhi

Saida is from Tanzania. She conducts workshops in her local community on the importance of involving faith leaders in health issues.

## Eunice Esule

Eunice is a health care worker with the Ministry of Health – Uganda Reproductive, Maternal and Child Health Services. Her work involves conducting health facility quality of care assessments.



## Reta Buma

Reta Buma is from the DRC and has set up a teenage centre to educate youth on reproductive health & teach skills to improve their lives. Reta is the head of midwives at the Evangelical Medical Centre, Provincial President of midwives in Ituri province and an instructor at high Medical Technical Institute of Nyankunde.



# Announcements



## NEW EXECUTIVE DIRECTOR Save the Mothers, East Africa

Save the Mothers is delighted that Dr. Mushin Nsubuga accepted the position of Executive Director, East Africa and joined our team on February 1st, 2024.

Dr. Nsubuga comes to us with a Degree in Medicine and Surgery from Gulu University, and a Masters of Medicine in Obstetrics and Gynecology from Makerere University. Dr. Nsubuga is committed to improving the quality of medical care for women before, during and after pregnancy aligned with Save the Mothers vision to reduce maternal mortality from preventable causes.

We are grateful to God for leading Save the Mothers forward in this new chapter under the leadership of Dr. Nsubuga.

# In Memory

## Dr. Beth Veal (Nov 2022)

We were saddened by the passing of Dr. Beth Veale. She had an infectious smile and heart for Save the Mothers. Dr. Beth asked for donations in her memory be made to Save the Mothers to support our Scholarship Fund. The fund will provide two scholarships per year in her memory.



## Margaret Chamberlain (May 2022)

We were saddened by the passing of Margaret Chamberlain, the mother of Dr. Jean Chamberlain Froese. Margaret had a passion for missions, especially supporting Save the Mothers and their efforts to save the lives of mothers and babies in Uganda. Her support and beliefs have always been a driving force behind Dr. Jean's work.





# MOTHER BABY FRIENDLY HOSPITAL INITIATIVE

## 15TH HOSPITAL ADDED THIS YEAR



**Amayi Community Hospital** is a 100-bed public hospital and is the only facility in the district of Amolatar, a rural area in northeastern Uganda.

The hospital serves a large community with a population of approximately 500,000 people from five surrounding districts. This hospital was chosen because it is in a very difficult area to reach and even for the expectant moms who overcome the barriers and reach the hospital, there are still too many preventable deaths due to lack of simple, lifesaving equipment for newborns and mothers.



The maternity wing houses 30 beds with an average of 67 babies born each month. During a visit in March, the attendant showed us the single incubator that supports the entire maternity ward - there were 2 babies struggling to survive in it.

***Not all women get the same care when pregnant.***

***There are vast disparities in maternal health care - our moms in Uganda don't have easy access to hospitals, can't afford to pay or delay in getting treatment.***

***You can help save the lives of moms and babies by donating.***

This mom in the Elgon Mountain region tells the story of having complications during delivery at home. With support from family she was taken to the hospital where she delivered safely. She is grateful to Save the Mothers for providing the emergency care she needed.

Transportation to a health care facility is one of the three delays women face in Uganda.



## There are three major delays that lead to mothers dying from pregnancy complications.

1. Delay in seeking care, from lack of education and social norms.
2. Delay in transport to the facility, which can be hours or even days away from a laboring woman's home.
3. Delay once at the health facility, medical treatment may be unavailable or unaffordable.

Azita arrived at the hospital too late. She lost her baby and suffered devastating permanent physical damage. She will never be able to have any more children. **This is PREVENTABLE!**



**We continue to have an impact on the ground to ensure that every mother, no matter where she lives, receives quality care.**



Jennifer went to the hospital in much pain, only to find out her baby was growing in her fallopian tubes. Emergency surgery was required, and Jennifer lost her baby.



## **Fund/Project Supporters**

Leila C. Reader Fund ~ supports Emergency  
Care & Mother Baby Friendly Hospitals

Jefferies Fund ~ supports NASG suits

Kelton Scholarship Fund ~ supports  
Annual Scholarship

Dr. Beth Veale Scholarship Fund ~ supports  
Annual Scholarships








### **Emergency & Development Care - Leila C. Reader Fund**

Under the Leila C. Reader Fund, Save the Mothers received funds for emergency medicines to support vulnerable and needy mothers.

Save the Mothers partnered with Amai Community Hospital in the North East of Uganda. The Leila C Reader Fund provided the much needed NICU equipment.



### **NASG Suits - Jeffs Fund**

Non-pneumatic Anti-Shock Garment (NASG) is a fit-for-purpose device that can save women's lives by reducing blood loss and stabilizing the women until treatment is available.


It reduces blood flow to the uterus and treats hypovolemic shock while allowing health staff to repair sites where bleeding occurred.

The suits were implemented in Mukono, Buikwe, and Buvuma Health Centres in 2023.



### **Annual Scholarship - Kelton Fund**

Each year a student is chosen by Save the Mothers East Africa to be the recipient of the Kelton Fund scholarship program.



### **Annual Scholarship - Dr. Beth Veale Fund**

Each year two students is chosen by Save the Mothers East Africa to be the recipient of the Dr. Beth Veale Fund scholarship program.

# STATEMENT OF OPERATIONS

## SAVE THE MOTHERS

### STATEMENT OF FINANCIAL POSITION

As at June 30,

2023

2022

#### ASSETS

##### Current

|                                                                 |                   |                   |
|-----------------------------------------------------------------|-------------------|-------------------|
| Cash                                                            | \$ 146,235        | \$ 150,785        |
| Accounts receivable                                             | 5,583             | 14,958            |
| Inventory                                                       | 7,490             | 7,362             |
| Prepaid expenses                                                | <u>4,857</u>      | <u>7,015</u>      |
|                                                                 | <u>164,165</u>    | <u>180,120</u>    |
| Restricted cash and short-term investments - endowment (Note 7) | 21,304            | 21,304            |
| Equipment (Notes 4)                                             | <u>1,852</u>      | <u>1,575</u>      |
|                                                                 | <u>\$ 187,321</u> | <u>\$ 202,999</u> |

#### LIABILITIES

##### Current

|                                          |               |               |
|------------------------------------------|---------------|---------------|
| Accounts payable and accrued liabilities | \$ 27,474     | \$ 29,174     |
| Deferred contributions (Note 5)          | <u>33,213</u> | <u>2,174</u>  |
|                                          | <u>60,687</u> | <u>31,348</u> |

#### NET ASSETS

|                                   |                   |                   |
|-----------------------------------|-------------------|-------------------|
| Unrestricted                      | 103,478           | 148,772           |
| Invested in equipment             | 1,852             | 1,575             |
| Restricted for endowment purposes | <u>21,304</u>     | <u>21,304</u>     |
|                                   | <u>126,634</u>    | <u>171,651</u>    |
|                                   | <u>\$ 187,321</u> | <u>\$ 202,999</u> |



# FINANCIAL POSITION

## SAVE THE MOTHERS

### STATEMENT OF OPERATIONS

For the year ended June 30,

2023

2022

#### REVENUE

|                                                                          |                |                |
|--------------------------------------------------------------------------|----------------|----------------|
| Individual and corporate donations                                       | \$ 247,523     | \$ 226,055     |
| Institutional contributions                                              | 24,820         | 75,459         |
| Interest income                                                          | 3,324          | 363            |
| Book and product sales                                                   | 368            | 4,221          |
| Canada Emergency Wage Subsidy and Canada Recovery Hiring Program Subsidy | -              | 21,502         |
| Scholarship income                                                       | -              | 1,000          |
|                                                                          | <u>276,035</u> | <u>328,600</u> |

#### EXPENDITURES (Note 6)

|                          |                |                |
|--------------------------|----------------|----------------|
| Program expenditures     |                |                |
| Mother Friendly Hospital | 86,552         | 113,453        |
| Masters program          | <u>56,113</u>  | <u>61,026</u>  |
|                          | <u>142,665</u> | <u>174,479</u> |
| Support services         |                |                |
| Administration           | 89,836         | 105,866        |
| Promotion                | <u>88,551</u>  | <u>71,995</u>  |
|                          | <u>178,387</u> | <u>177,861</u> |
|                          | <u>321,052</u> | <u>352,340</u> |

(Deficiency) of revenue over expenditures

\$ (45,017)      \$ (23,740)





# FINANCIAL OVERVIEW

Dear Friends,

The needs of the mothers and babies Save the Mothers serves are great but another year of lower donations has hit us. The essential donations we need to save the lives of mothers and babies are still in recovery mode.

## ***Meeting the Challenge***

We continue to pivot our fundraising methods towards more mail and social media to communicate the great need. Our Masters of Public Health Leadership program continues online reaching beyond the borders of Uganda. The students in east Africa still struggle to meet tuition fees so we are seeing fewer able to graduate. We are addressing this with our new Scholarship committee and with the Kelton and Dr. Beth funds but the needs are greater.



**We continue our efforts to permanently reduce fixed costs by keeping staff levels low and hiring contractors only on an as needed basis.**

***Please consider becoming a monthly donor in the coming year.***

A monthly gift is the most efficient way to support the work of a charity since it requires far less administration so your gift will have the maximum impact.

(For ways to donate see page 14).

## ***Ongoing Needs***

Our partnership with Uganda Christian University continues to produce Masters of Public Health students. There is an urgent need for donations to our scholarship program to allow the Masters of Public Health students to complete their schooling.

***Our graduates are paving the way forward. With their research projects they are becoming change agents in their communities, initiating lifesaving maternal health methods and tools to prevent mothers and babies from dying during pregnancy or childbirth.***

Thank you for your ongoing support of Save the Mothers as together we save as many mothers and babies as possible from death by preventable causes.



**Darryl Chapman**

*Treasurer, Save the Mothers Board of Directors*



**Moms & Babies in East Africa  
need YOUR help.**

**Please Donate Today**

**Ways to Give:**

1. Online: [www.savethemothers.org/donate](http://www.savethemothers.org/donate)
2. e-transfer: [donor@savethemothers.org](mailto:donor@savethemothers.org)
3. Mail Cheque to:

**SAVE THE MOTHERS  
27 Legend Ct.  
P.O. Box 10126  
Ancaster, ON - L9K 1P3**

Gifting a security (stocks, bonds, mutual funds, ETFs) supplies funding to save the lives of mothers and babies, and at the same time provides the dual benefit to the donor of a charitable donation receipt and freedom from tax on any capital gains from the security.

Security donations can be made through:

**[www.linkcharity.ca](http://www.linkcharity.ca)**



# BOARD OF DIRECTORS

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**Save the Mothers**

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**[www.savethemothers.org](http://www.savethemothers.org)**



This annual financial report presents highlights of our work for the 2022/2023 fiscal year. It offers summary financial statements. For a complete copy of Save the Mothers audited financial statements email: [info@savethemothers.org](mailto:info@savethemothers.org)

**Save the Mothers is a registered  
Canadian Charity #82876 7335 RR0001**

Our vision is that no mother,  
or her child should die from  
preventable causes.



**SAVE the  
MOTHERS.org**